



**Contact the Indiana Association of  
Area Agencies on Aging for more  
information on classes in your area.**

4755 Kingsway Drive  
Suite 402  
Indianapolis, IN 46205  
1-800-986-3505

Or visit  
**[www.diabetes.in.gov](http://www.diabetes.in.gov)**  
and click on the  
“Living a Healthy Life with  
Chronic Conditions” link.



**Please join us for our next class and  
“Learn to take control of your life”**

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

**Location:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Call for more information:**

\_\_\_\_\_

***Learn to take control  
of your life  
and find the support you need!***



**Living a Healthy Life**  
With Chronic Conditions



**Living a Healthy Life**  
With Chronic Conditions



INDIANA FAMILY &  
SOCIAL SERVICES  
ADMINISTRATION



Indiana State  
Department of Health

**Put Life  
Back in  
Your Life**